Lesson 3: Putting Together My College Profile

Objective: Students will be introduced to and begin to complete their College Profile packet.

Time Needed: 25 minutes

Vocabulary:
Use instructional techniques such as a Word Wall or Self-Selected Vocabulary Strategy to teach the contextual meanings of the following vocabulary words. These techniques are described in more detail in the “Vocabulary Activities Teacher Guide.”

Daily Vocabulary Words:

<table>
<thead>
<tr>
<th>Word</th>
<th>Contextual Definition</th>
</tr>
</thead>
<tbody>
<tr>
<td>College Profile</td>
<td>A complete summary of your gpa, test scores, and extra-curricular activities</td>
</tr>
<tr>
<td>Composite score</td>
<td>One summary score made up of a number of scores</td>
</tr>
<tr>
<td>Portfolio</td>
<td>A set of pieces of work collected to display your skills to a college admissions team or employer</td>
</tr>
</tbody>
</table>

Launch: (2 minutes)
Opening Message / Question:
In a prior lesson we discussed the importance of creating an organization system for your college materials. Raise your hand if you have worked on this.

Today, you will begin to complete your FFWD College Profile handout, which should definitely be included in your organization system as part of your college portfolio.

Agenda: (20 minutes)

Group Review: (5 minutes)
Distribute copies of the FFWD College Profile handout to each student, review the instructions, and review each section of the handout.

Individual Work: (15 minutes)
Instruct students to begin to complete the Activities and Awards section and to leave the rest for homework. Let them know that it needs to be completed prior to filling out their college and scholarship applications and requesting letters of recommendation.

Summary: (1 minute)
Closing Activity: (2 minutes)
Distribute copies of the FFWD Keeping Track of My College Accounts handout. Here is a handout to not only help you keep track of all of the user accounts you may be creating, but also to remind you of some of the major ones that you can create.

Your homework over the next week is to complete a FINAL version of your college profile and submit a completed copy. While you are going through the college application process, you should ALWAYS keep a copy of your FFWD College Profile handout with you.

Teacher Note: Collect a copy of the college profile from each of your students so that you have it on file.

Materials:
Board or Chart Paper/Markers
Copies of FFWD College Profile handout
Copies of FFWD Keeping Track of My College Accounts handout
Fast Forward to College (FWD): 25 Minutes at a Time

MY COLLEGE PROFILE
(1 of 3 pages)

Name: ____________________________  Counselor: ____________________________

Telephone#: ______________________  Professional E-mail: ____________________________

Instructions: Complete all three pages of this college profile in order to have this information ready for when you fill out your college and scholarship applications. A copy of your completed College Profile will also help any recommender you choose write a strong letter of recommendation for you. If you have more information to enter than what this handout allows, request additional copies of the pages you need.

My GPA & Test Scores

My three UC/CSU GPAs:

Unweighted GPA: __________  Weighted and Capped GPA: __________  Fully Weighted GPA: __________

My Test Scores:

ACT Score 1: Composite Score ______  Reading ______ Science ______ Math ______ Eng/Writing ______
ACT Test Date: __________

ACT Score 2: Composite Score ______  Reading ______ Science ______ Math ______ Eng/Writing ______
ACT Test Date: __________

SAT Score 1: Composite Score ______  Evidence Based Read/Writing ______ Math ______ Essay ______
SAT Test Date: __________

SAT Score 2: Composite Score ______  Evidence Based Read/Writing ______ Math ______ Essay ______
SAT Test Date: __________

SAT II Subject Test Date: ______ Score ______
SAT II Subject Test Date: ______ Score ______
AP Test Name Test Date: ______ Score ______
AP Test Name Test Date: ______ Score ______
AP Test Name Test Date: ______ Score ______
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### My Extra Curricular Activities:

<table>
<thead>
<tr>
<th>Name of Activity</th>
<th>Years Involved:</th>
<th>Hours Per Week:</th>
<th>Weeks Per Year:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>9 10 11 12</td>
<td></td>
<td></td>
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**Brief Description of your role:**

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**Brief Description of your role:**

#### Volunteer and Community Service (list unpaid work only):

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**Brief Description of your role:**
My Employment (list paid work only):

Position: ___________________________ Start Date: __________ End Date: __________

Years Involved:  9  10  11  12  Hours Per Week: __________ Weeks Per Year: __________

Responsibilities (specify if you worked year-round, summer only or school year only):

______________________________________________________________________________

Position: ___________________________ Start Date: __________ End Date: __________

Years Involved:  9  10  11  12  Hours Per Week: __________ Weeks Per Year: __________

Responsibilities (specify if you worked year-round, summer only or school year only):

______________________________________________________________________________

My Awards:

Name of Award or Honor: _______________________________________________________________________

Date Received: __________ Type of Award (circle one): Academic Other

Brief Description of your Award or Honor: _______________________________________________________________________

______________________________________________________________________________

Name of Award or Honor: _______________________________________________________________________

Date Received: __________ Type of Award (circle one): Academic Other

Brief Description of your Award or Honor: _______________________________________________________________________

______________________________________________________________________________

Education Preparation Programs (DCAC, EAOP, Upward Bound, etc.):

Name of Program: _______________________________________________________________________

Years Involved:  9  10  11  12  Hours Per Week: __________ Weeks Per Year: __________

Brief Description of your participation:

______________________________________________________________________________

Name of Program: _______________________________________________________________________

Years Involved:  9  10  11  12  Hours Per Week: __________ Weeks Per Year: __________

Brief Description of your participation:

______________________________________________________________________________
Fast Forward to College (ＦＦＷＤ): 25 Minutes at a Time

Keeping Track of My College Accounts
Lesson 3

**College Account Information:**

**CA Community Colleges:**
CCCapply.org Login: ___________________________  Password: ___________________________
Openccc.net Login: ___________________________  Password: ___________________________

**California State University:** http://www.csumentor.edu
Cal State Apply Login: ___________________________  Password: ___________________________
CalColleges.edu Login: ___________________________  Password: ___________________________

**University of California:** https://admissions.universityofcalifornia.edu
My UC Application Login: ___________________________  Password: ___________________________

**Common Application:** http://www.commonapp.org  (If your school has Naviance, apply through the portal.)
Common App Login: ___________________________  Password: ___________________________

**Scholarship Account Information:**

Fastweb.com Login: ___________________________  Password: ___________________________
Collegegreenlight.com Login: ___________________________  Password: ___________________________
Scholarships.com Login: ___________________________  Password: ___________________________

**Other Portal Account Information:**

College Board Login: ___________________________  Password: ___________________________
TheGatesScholarship.org Login: ___________________________  Password: ___________________________
Questbridge.org Login: ___________________________  Password: ___________________________
Name: _______ Login: ___________________________  Password: ___________________________
Name: _______ Login: ___________________________  Password: ___________________________